

# FLEX TIME

## Own Your Learning

Flex Time acknowledges that students lead busy lives and navigate competing demands for their time in and outside of school. Flex Time provides students the opportunity to self-direct and engage in their own learning.

While some school wide initiatives might occur during Flex Time, teachers will not be teaching new course material. Teachers will be accessible to students for additional help and guidance on current and ongoing learning. As this is school instructional time, students are expected to be in a classroom for the entire Flex Time period.



## What are the benefits of Flex Time?

Flex time provides the opportunity to:

- complete assignments
- practice presentations
- study for tests and quizzes
- receive help from a teacher
- collaborate with classmates on group assignments
- reduce homework
- meet with a counsellor, youth worker or administrator



## Where do students go during Flex Time?

Students are expected to be in one of their teacher's classrooms. Students may also schedule an appointment in advance with a counsellor, youth worker, career advisor or administrator.



## Flex Time Schedule

Flex Time will take place each Monday, Tuesday, Thursday and Friday between 1st and 2nd period. Each Wednesday, school will begin at 9:30am.

### Mon/Tues/Thurs/Fri

Period 1: 8:30 – 9:39am

**Flex Time: 9:43 - 10:25am**

Period 2: 10:30am – 11:39am

Lunch: 11:39am – 12:22pm

Period 3: 12:22 – 1:31pm

Period 4: 1:36 – 2:45pm

### Wed

Period 1: 9:30 – 10:35am

Period 2: 10:40 – 11:47am

Lunch: 11:47am 12:30pm

Period 3: 12:30 – 1:35pm

Period 4: 1:40 – 2:45pm